

The Gunwharf Tonic

Pour over the modern apartments, soak up the seaviews, top up with a cool social life and then shake to mix... a refreshing new way of living at Gunwharf Quays, Portsmouth Harbour.



NEW RELEASE Apartments from under £200,000!

- Luxury 1, 2 and 3 bedroom canisade apartments and penthouses available
- Enjoy the harbourside life – designer shops, restaurants, bars and cafes
- Stunning views
- High specification apartments
- Excellent connections by land or sea
- Prices from under £200,000 up to £465,000



Sales & Marketing Suite and Showhomes open daily from 11am to 6pm

023 9285 1800

sales.gunwharf@berkeleyhomes.co.uk

For directions please call or visit Portsmouth and follow the signs to the Historic Waterfront.



BUSINESS & SERVICES GUIDE TO GRAYS

INFOPOINT **GRAYS** **INFOPOINT**

STREET INDEX

A	Addison Court	F3	Couchman Close	E3	Claydon Road	H1	H6	Cromwell Road	E3	Hove Close	E4	H2	H2
B	Badgers Mount	G1	East Street	F4	East Thurrock Rd	E4	F4	Balfour Court	F3	East Way	E3	Langthorne Crescent	F3
C	Camden Close	H3	Gipsey Lane	G2	Goodson Road	H2	H2	Cart Lane	H3	Goodman Road	H2	Masford Road	G2
D	Dart View Close	G3	Dart View Close	G3	Dart View Close	G3	Dart View Close	Dart View Close	G3	Dart View Close	G3	Dart View Close	G3
E	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2	Delafield Road	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2
F	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2	Delafield Road	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2
G	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2	Delafield Road	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2
H	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2	Delafield Road	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2
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W	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2	Delafield Road	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2
X	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2	Delafield Road	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2
Y	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2	Delafield Road	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2
Z	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2	Delafield Road	Delafield Road	H2	Delafield Road	H2	Delafield Road	H2

THE FITNESS ZONE

8-10 BELL STREET REIGATE

HEALTH & FITNESS CLUB

TONING-FITNESS-SLIMMING
BEGINNERS CLASSES
BODY CONDITIONING
RELAXATION
DIET & NUTRITIONAL ADVICE

Sports Therapy & Beauty Therapy

at **THE FITNESS ZONE**

Sports Therapy

- ★ Sports Injury assessment and treatment
- ★ Rehabilitation programmes
- ★ Sports Massage
- ★ Body Massage

Beauty Therapy

- ★ Manicures
- ★ Pedicures
- ★ Facials
- ★ Waxing
- ★ Eyebrow shaping and tinting
- ★ Eyelash tinting
- ★ St Tropez tanning

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REPORT A BENEFIT CHEAT

FREE PHONE ANTI-FRAUD HOTLINE:

0800 085 5029

CORBY BOROUGH COUNCIL

FIGHTING FRAUD

TONI & GUY HAIRDRESSING

26 NORTH STREET CHICHESTER

TEL: 01243 787488

thurrock fostering

Is there room in your life to foster a child?

Becoming a foster carer for Thurrock is your chance to make a positive difference to the lives of vulnerable children. Of course, we appreciate that fostering a child is not a decision to be taken lightly. You'll need time, patience and a caring attitude, as well as room in your home. If you have all these to offer, give fostering a chance.

For information on fostering for Thurrock call free on **0800 652 1256**

The freephone line is open from 9am-7pm Mon-Fri and 9am-2pm on Saturdays.

THURROCK COUNCIL

www.thurrockfostering.gov.uk

ASHBURN ESTATE AGENTS

LANDLORDS - Guaranteed Rent

We are working in partnership with Local Authorities dealing with various schemes. To secure suitable properties we are offering landlords two to five years contracts with complete rent guarantee for the period of the contract. Full vacant possession at the end of the contract.

Thinking of Selling?

Due to high demand & continued success we have a shortage of properties in your area. As a result we can offer **0.75% SALE FEE NO VAT**

DSS Tenants with deposits welcome.

We provide suitable housing for DSS tenants and assist in all the necessary paperwork. Please contact the office for further information. To arrange a FREE, no obligation valuation. Please contact us or visit our office.

Ashburn (Slough) Ltd, 15 Baylis Parade, Stoke Poges Lane, Slough, Berks, SL1 3LE
tel: 01753 597 900
fax: 01753 528 924
email: ashburnslough@hotmail.com

DRAGON RESTAURANT

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- Convenient parking
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- Vegetarian Dishes
- 3 course Business Lunch £6.50 - 7 days a week

Open 7 days every week:
12 noon to 2.30pm & 5.30pm to 11.00pm

6-7 Market Road - Telephone: 01243 781122

LAKESIDE MOAT HOUSE

North Stifford, Near Grays, Essex RM16 5UE

Essex RM16 5UE
Tel: 01708 719988
Fax: 01708 719980
www.moathousehotels.com
reservations.lakeside@moathousehotels.com

Thurrocks Premier Hotel, the Lakeside Moat House

Steeped in History the Lakeside Moat House is a converted Georgian Manor house, set in 6 acres of beautiful gardens retaining much of its original charm. Boasting 97 well appointed bedrooms, the delightful Regency Restaurant, Champions Sports Bar, 11 Conference rooms, max capacity 120, complemented with extensive banqueting facilities

MOAT HOUSE

SAMARITANS

on 01502 500800

or visit 14 Beach Road, Lowestoft

The Salvation Army

Clarence Road, Grays

Sunday Worship
10.30am & 6.30pm

- Sunday Club for Children
- Parent & Toddlers
- Luncheon Club
- Midweek Meetings
- Alpha Courses

For further details or assistance call **01375 394794**

THE SALVATION ARMY

If it's recruitment....speak to Adecco

Adecco have been providing permanent, contract and temporary positions in Swindon for 10 years and can offer you great opportunities in;

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